

## Prepare the Way

Prepare the way... Prepare the way

Prepare the Way of the Lord!

Prepare the way... Prepare the way

Prepare the Way of the Lord!

**Jesus, Jesus, Jesus, Jesus!**

*“If you keep silent,  
keep silent from love;*

*If you speak, speak with love;*

*If you correct, correct by love;*

*If you pardon, pardon by love.*

*Let love be rooted in you,*

*and from the root*

*nothing but good can grow.”*

- Saint Augustine



## *Catholic Church of St. Monica* ***First Friday Adoration*** **LIFE Event**



## **Family Holy Hour** **5:00PM**

*“Let the children come to me, and do not prevent them; for the kingdom of God belongs to such as these.” (Matthew 19:14)*

**Parents must remain in attendance with their children.**

## What is Eucharistic Adoration?

Eucharistic adoration is the act of worshipping God as He is truly present in the consecrated Host.

He will come into our hearts in a special way while we adore him.

**“In the most Blessed Sacrament of the Eucharist, the body and blood together with the soul and divinity of our Lord Jesus Christ and, therefore, the whole Christ is truly, really and substantially contained.”** (Catechism of the Catholic Church)



*“Of all devotions, that of adoring Jesus in the Blessed Sacrament is the greatest after the sacraments, the one dearest to God and the one most helpful to us.”*

- St. Alphonsus Liguori

## What do we do during Adoration?

### ADORATION:

We show Jesus that we love and respect the awesome gift of His True Presence in the Eucharist by kneeling, praying, singing, and listening. The Presider will help us to understand who Jesus is in the Eucharist. He will help us to understand how and why we adore Jesus in this special way.

### CONTRITION:

We kneel to examine our conscience, acknowledge the abundance of Jesus' mercy, and pray for the poor souls in purgatory.

### THANKSGIVING:

We express gratitude for our many blessings. We will sing beautiful songs of praise to Jesus to tell Him we love Him.

### SUPPLICATION:

We humble ourselves as we offer intentions silently, and then take turns sharing our petitions aloud. We ask Jesus to help us.

