

PARISH FAMILY ABLAZE (12-15-19)

THE ANIMA CHRISTI

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, embolden me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Your wounds hide me.
Never permit me to be parted from You.
From the evil Enemy defend me.
At the hour of my death call me and bid me come to You,
that with Your Saints I may praise You for age upon age. Amen.

THE HOLY SPIRIT: THE LORD, THE GIVER OF LIFE

- I. The Holy Spirit—the Life of our Bodies and Souls:
 - A. In the Order of Creation and Nature:

“The Lord God formed man of dust from the ground, and breathed into his nostrils the breath of life” (Genesis 2:7).

“The spiritual soul does not come from one’s parents but is created immediately by God and is immortal” (Compendium of the Catechism of the Catholic Church, Number 7).

- B. In the Order of Grace and Redemption (Regeneration/Re-birth/Re-creation):

“Hail, Full of Grace, the Lord is with you!” (Luke 1:28)—Mary = The Immaculate Conception.

“The Holy Spirit will come upon you, and the power of the Most High will overshadow you” (Luke 1:35)—Incarnation and Birth of Christ.

“But the hour is coming, and now is, when true worshipers will worship the Father in Spirit and Truth, for such the Father seeks to worship Him. God is Spirit, and those who worship Him must worship in Spirit and Truth” (John 4:23-24)—New Covenant worship in the Sacramental Rites and Liturgies by God’s children and citizens of His Kingdom.

“Amen, amen, I say to you, unless one is born again (born from above), he cannot see the kingdom of God. . . . Amen, amen, I say to you, unless one is born of water and the Spirit, he cannot enter the Kingdom of God” (John 3:3, 5)—**BAPTISM** (our rebirth).

Jesus “breathed on them, and said to them, ‘Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained’” (John 20:22-23)—**RECONCILIATION** (rising to life again after deadly—mortal—sin).

“Make holy, therefore these gifts, we pray, by sending down Your Spirit upon them like the dewfall, so that they may become for us the Body and Blood of our Lord Jesus Christ” (The Roman Missal, “Eucharistic Prayer II”)—**HOLY EUCHARIST**, nourishment in Christ’s Flesh, Blood, and Spirit.

“You shall receive power when the Holy Spirit has come upon you; and you shall be my witnesses in Jerusalem and in all Judea and Samaria and to the end of the earth” (Act of the Apostles 1:8)—**CONFIRMATION**, our sacramental participation in the power of Pentecost for love and strength as missionary disciples.

“But from the beginning of creation, ‘God made them male and female.’ For this reason a man shall leave his father and mother and be joined to his wife, and the two shall become one flesh. So they are no longer two but one flesh. What therefore God has joined together, let not man put asunder” (Mark 10:6-9)—**HOLY MATRIMONY**, a sign of Christ’s love for His Bride, the Church, already anticipating the Wedding Feast of the Lamb in Heaven.

“Through a special gift of the Holy Spirit, this Sacrament enables the ordained to exercise *sacred power* in the Name and with the authority of Christ for the service of the People of God” (Compendium of the Catechism of the Catholic Church, Number 323)—**HOLY ORDERS**, “the Sacrament through which the mission entrusted by Christ to His Apostles continues to be exercised in the Church until the end of time” particularly through bishops, priests, and deacons (CCCC, Number 322).

“Through this holy anointing may the Lord in His love and mercy help you with the grace of the Holy Spirit” (Pastoral Care of the Sick: Rites of Anointing and Viaticum)—**ANOINTING OF THE SICK**, which “confers a special grace which unites the sick person more intimately to the Passion of Christ for his good and for the good of all the Church” (CCCC, Number 319).

TABLE TALK QUESTIONS

- I. Describe an experience in your life that you ascribe primarily to the work of the Holy Spirit, and what about the experience that made you aware of His presence and activity.
- II. What criteria needs to be met to assure a person that some action or thought derives from the Holy Spirit?

SACRED SEVEN QUESTIONS (T/F: 6:50-7:00)

- ___ 1. The priest administers the Anointing of the Sick primarily to bring physical healing to the person who receives this Sacrament.
- ___ 2. During Holy Mass, the priest addresses the Eucharistic Prayer to Jesus Christ, Who is at the Right Hand of the Father in Heaven.
- ___ 3. Confirmation produces in a recipient the growth of the grace of his Baptism.
- ___ 4. Infants need Baptism to be freed from original sin and from the power of the Evil One.
- ___ 5. The anointing of the Spirit received at the ordination of a priest seals him with an indelible, spiritual character that configures him to Christ the priest, and enables him to act in the name of Christ the Head.
- ___ 6. The Church, since she is faithful to our Lord, cannot recognize the union of people who are civilly divorced and remarried.
- ___ 7. Each of the faithful who has reached the age of discretion is bound to confess his or her mortal sins at least once a year and always before receiving Holy Communion.

MISSION

- I. Morning Prayer: “Renewal of Baptismal Promises,” “Angel of God,” “Glory Be”

- II. Mental Prayer During the Day (15-30 minutes):
 - A. The Rosary
 - B. Journal Meditation:
 - 1. 5-10 Minutes of Scriptural or spiritual reading
 - 2. 5-10 Minutes writing to either the Father, Son, or Holy Spirit
 - 3. 5-10 Minutes recording what you believe God is saying to you
- III. Examination of Conscience and Act of Contrition:
 - A. Am I careful to ensure that I know and love God well enough to clearly understand what is sinful and what is holy, to know what harms and deadens my soul, and what heals and enlivens my soul?
 - B. Do I examine my conscience each day and make a sincere Act of Contrition? Do I have access to a copy of an Examination of Conscience appropriate for my age and for use when necessary?
 - C. Have I made a firm commitment to remain in a state of grace by confessing mortal sins as soon as possible and before receiving Holy Communion so that the life of the Holy Spirit may remain in me?

